



LUXURY SMALL GROUP JOURNEYS

Bhutan & Nepal: Heart of the Himalaya 2020

11 days from **\$7,895** per person *was* \$8,395

Limited to 18 guests

OFFER

Save \$500 per person on select departures.

Discover Bhutan and Nepal, two Himalayan countries little touched by the passage of time, as you view the stunning "Tiger's Nest" Monastery, stroll through Kathmandu's Durbar Square and enjoy a meal in the home of a local Nepali family.

Included With Every Luxury Small Group Journey

- English-Speaking Resident Tour Director® and Local Guides
- Hand-Selected Luxury Accommodations
- Airport Meet and Greet with Private Transfers
- Travelling Bell Boy® Luggage Handling
- Breakfast in Bed on Select Days
- Full Breakfast Daily; Select Lunches and Dinners
- **New!** Your Choice of Activity on Design Your Day®
- Traveller's Valet® Laundry Service
- Internet Access
- Entrance Fees, Taxes and All Gratuities Except Resident Tour Director
- 24/7 A&K On-Call Support
- Guaranteed Departures with Just Two Guests

A&K Advantages

- Feel the spirit of Bhutan on a pilgrimage hike to the revered "Tiger's Nest" Monastery, perched high on a sheer rock face
- Learn about the traditions and age-old methods of Bhutanese farmers on a visit to a farmhouse
- Enjoy a lesson in Nepalese cuisine during a Chef's Table event in the home of a local resident
- Ride Like a Local when you travel by rickshaw to visit Kathmandu Durbar Square and Taleju Temple

Itinerary

DAY 1 ARRIVE BANGKOK, THAILAND

Arrive in Bangkok, where you are met and transferred to your airport hotel.

Novotel Bangkok Suvarnabhumi Airport

DAY 2 PARO & THIMPHU, BHUTAN | AMONG TOWERING PEAKS

Fly to Paro, your gateway to Bhutan, a nation whose cultural traditions remain well preserved. Transfer to Thimphu and visit the National Memorial Chorten. Later, see Tashichho Dzong, a 13th-century Buddhist monastery and fortress, and then gather for your welcome dinner.

Taj Tashi, Thimphu | Meals: Breakfast, Lunch, Dinner

DAY 3 PUNAKHA | THE DIVINE MADMAN

Drive over the Dochula Pass, seeing the colorful prayer flags en route to Punakha. Stop at Chimi Lhakhang (Temple of the Divine Madman), continuing to Punakha Dzong.

Taj Tashi, Thimphu | Meals: Breakfast, Lunch

DAY 4 THIMPHU | DESIGN YOUR DAY

Today, enjoy one of these **Design Your Day** activities.

Hike Wangditse Nature Trail, a two hour scenic walk through fields to Wangtse Monastery with stunning views.

Offer Butter Lamps at a Monastery in Thimphu, and explore the Folk Heritage and National Textile Museum.

Visit Pangrizampa, where you meet with a local astrologer and practice meditation with an expert. Tonight, gather for dinner at a local restaurant. Taj

Tashi, Thimphu | Meals: Breakfast, Lunch, Dinner

DAY 5 PARO | MONASTERIES, RIVERS & RELICS

Journey overland to Paro, stopping to visit local farmers at their farmhouse, an opportunity to better understand their traditional way of life. Once in Paro, view the religious *thangka* (scroll) paintings and the natural history collection at the National Museum. Continue to Rinpung Dzong, a monastery and fortress along a mountain river.

Zhiwa Ling Heritage | Meals: Breakfast, Lunch, Dinner

DAY 6 PARO | ASCENT TO THE "TIGER'S NEST"

This morning, you may choose to attempt the climb to Taktsang Monastery ("Tiger's Nest"). This hike is intentionally difficult, intended as an arduous pilgrimage for Buddhist devotees. Later, try your hand at archery, Bhutan's national sport.

Zhiwa Ling Heritage | Meals: Breakfast, Lunch, Dinner

DAY 7 KATHMANDU, NEPAL | HISTORIC DURBAR SQUARE

Fly to Kathmandu. Ride by rickshaw to Kathmandu Durbar Square and Taleju Temple, see the House of the Living Goddess (Kumari), and stroll through the bazaar and old city. Continue to Swayambhunath, one of the most sacred shrines for Tibetan Buddhists. This evening, enjoy a lecture by a Mount Everest summiter.

Dwarika's Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

DAY 8 KATHMANDU | A GUIDED MEDITATION

Visit Pashupatinath, a sacred Hindu temple built in a pagoda style. Enter Kopan Nunnery and Monastery, where a monk or nun leads you in a private guided meditation session. Continue to Boudhanath, home to one of the world's largest Buddhist shrines.

Dwarika's Hotel, Kathmandu | Meals: Breakfast, Lunch

DAY 9 KATHMANDU | A LESSON IN NEPALESE CUISINE

Today, explore Patan to see its Durbar Square and the former royal palace. Attend a Nepalese cooking class in a local home. Enjoy your afternoon at leisure. Tonight, gather for a farewell dinner at a local restaurant.

Dwarika's Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

DAYS 10-11 DEPART BANGKOK

On Day 10, either fly to Lhasa to begin your post-tour extension or fly to Bangkok, where you enjoy the use of an executive room, available through Day 11, when you depart on your flight home.

Novotel Bangkok Suvarnabhumi Airport | Meals: Breakfast

Extensions





Lhasa Post-Tour Extension

Journey to the heart and soul of Tibet, visiting local people, markets and temples for firsthand insights into the culture.

4 days from \$1,995 per person
Single Supplement from \$995 per person
Internal air from \$495
Kathmandu/Lhasa



Available to add to select departure dates.

[See Dates & Prices For Details](#) >

DAYS 1-2

Fly to Lhasa, enjoying breathtaking views of the Himalaya. The next day, visit two of Tibet's great monasteries, Drepung and Sera.

The St. Regis Lhasa Resort | Meals: Breakfast, Lunch (Day 2) DAY

3

Explore Potala Palace, the former home of the Dalai Lama. Visit Jokhang Temple and join monks as they circle it in prayer.

The St. Regis Lhasa Resort | Meals: Breakfast, Lunch, Dinner DAY

4

Transfer to the airport for your flight home.



Explore Dubai: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Dubai before or after your journey.

3 days from \$1,795 per person
Single Supplement from \$1,195 per person

Hotel Options:

Park Hyatt Dubai, from \$1,795 | Single Supplement from \$1,195

Taj Dubai, from \$1,895 | Single Supplement from \$1,195

Mandarin Oriental Jumeira, Dubai, from \$2,195 | Single Supplement from \$1,495 *International*

air not included.

3 Days

Fly to Dubai and check in to your luxury hotel. Discover the best of this dazzling city, viewing its remarkable architecture, visiting the Spice Market and colorful shops at the Deira Gold Souk, and ascending the Burj Khalifa, the world's tallest skyscraper. On the last day, continue on to your journey or board your flight home.

Park Hyatt Dubai or Taj Dubai or Mandarin Oriental Jumeira, Dubai | Meals: Breakfast, Lunch (Day 2); Breakfast (Day 3)



Explore Hong Kong: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Hong Kong before or after your journey.

3 days from \$2,395 per person
Single Supplement from \$1,395 per person *International*

air not included.

3 Days

Experience Hong Kong Island by land, air and sea, beginning with a look at the city's bustling market culture with stops at the Sheung Wan Dried Food and Herbal Market, street-side antique shops, and an open-air curio market. Ride the Peak Tram funicular up to Victoria Peak for a stunning view of Victoria Harbour and finish with a traditional *sampan* (wooden boat) ride through the local floating villages.

The Peninsula Hong Kong | Meals: Breakfast, Lunch (Day 2); Breakfast (Day 3)

Dates & Prices

Prices are in USD, per person, based on double occupancy.

Dates	Prices	Single Supplement	Internal Air (From)	Availability
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Apr 08 - Apr 18, 2020	\$8,395	\$2,995	\$1,515	Call for Availability
<i>Optional post-tour extension available on this departure.</i>				
Apr 22 - May 02, 2020	\$8,395	\$2,995	\$1,515	Available
<i>Optional post-tour extension available on this departure.</i>				
May 06 - May 16, 2020	\$8,395	\$2,995	\$1,515	Available
<i>Optional post-tour extension available on this departure.</i>				
May 20 - May 30, 2020	\$8,395	\$2,995	\$1,515	Call for Availability
<i>Optional post-tour extension available on this departure.</i>				
Sep 16 - Sep 26, 2020	\$7,895 (was \$8,395)	\$2,995	\$1,515	Available
Sep 23 - Oct 03, 2020	\$8,395	\$2,995	\$1,515	Call for Availability
Oct 04 - Oct 14, 2020	\$8,395	\$2,995	\$1,515	Available
Oct 14 - Oct 24, 2020	\$8,395	\$2,995	\$1,515	Waitlist - Call A&K
<i>Optional post-tour extension available on this departure.</i>				
Oct 21 - Oct 31, 2020	\$8,395	\$2,995	\$1,515	Available
<i>Optional post-tour extension available on this departure.</i>				
Oct 25 - Nov 04, 2020	\$7,895 (was \$8,395)	\$2,995	\$1,515	Available
Nov 06 - Nov 16, 2020	\$8,395	\$2,995	\$1,515	Call for Availability
Nov 08 - Nov 18, 2020	\$7,895 (was \$8,395)	\$2,995	\$1,515	Available

Journey Details

Internal Air: Economy class from \$1,515

Bangkok/Paro/Kathmandu/Bangkok This journey contains some active elements.

Minimum age is 10 years.

First group event: flight to Paro at 6:50 a.m. on Day 2.

Last group event: return flight to Bangkok arriving at 6:30 p.m. on Day 10.

Departures are guaranteed to operate with a minimum of 2 guests.

Special Offer Terms & Conditions

Offer valid on select departures. Subject to availability and can be withdrawn at any time.